



Linking you to home & community services



LIVE WELL
SAN DIEGO

WHAT IS AN AGING & DISABILITY RESOURCE CONNECTION (ADRC)?

- ❖ Trusted source of comprehensive objective information, counseling, and assistance that empowers consumers regardless of the source of financing (Med-Cal, Medicare, private insurance, federal or state-funded programs or consumer fees) to meet their personal goals for health and independence by;
 - informing all options
 - making informed decisions
 - accessing community LTSS that help them



VISION

National Vision

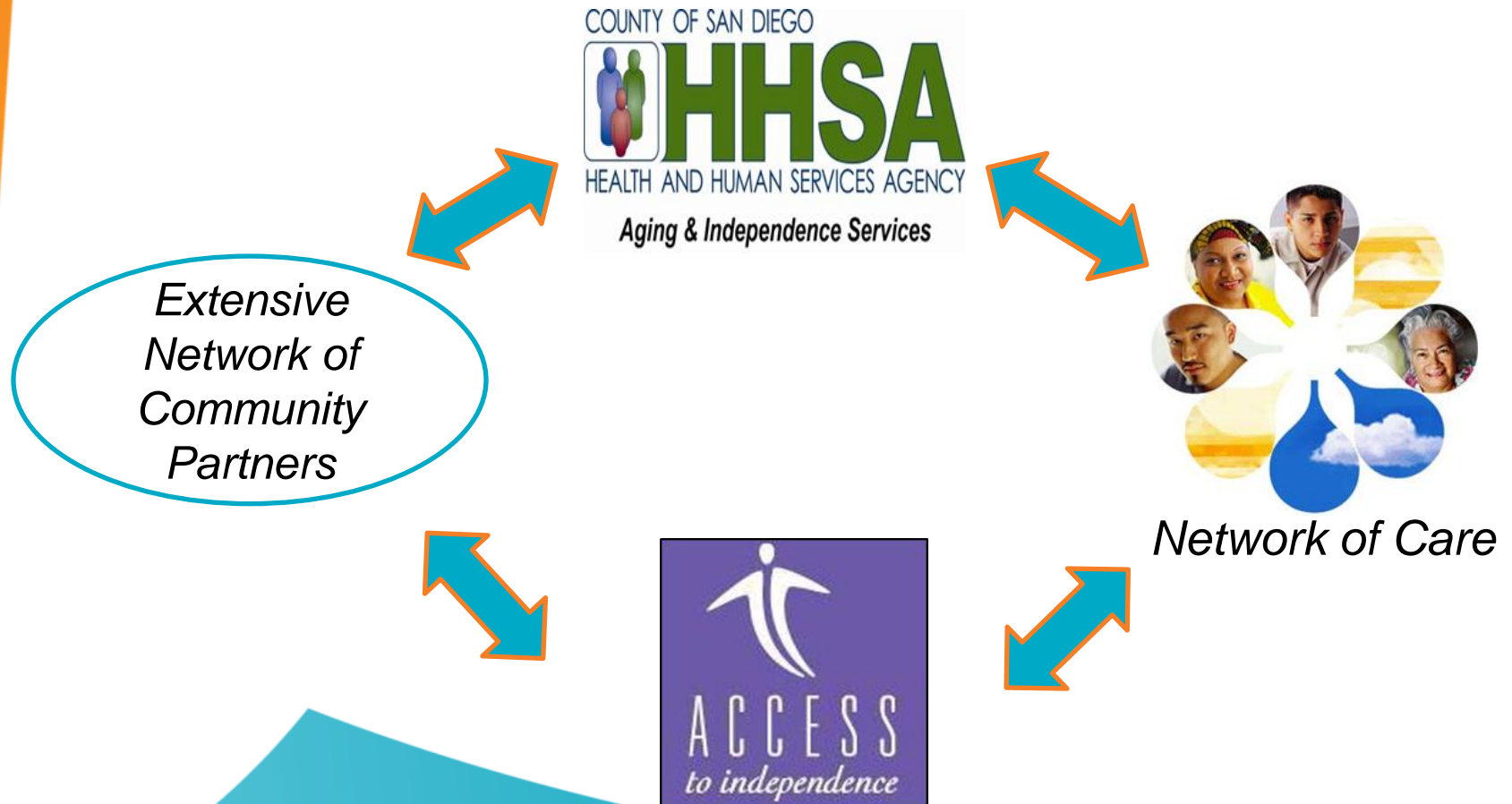
To have Aging and Disability Resource Centers in every community serving as highly visible and trusted places where people of all incomes and ages can turn for information on the full range of long-term support options and a *single point of entry* for access to public long-term support programs and benefits.

California Vision

Every community in California has a highly visible, reliable, universal access point that provides information to facilitate access to long-term supports and services.



HISTORY OF SAN DIEGO COUNTY'S ADRC



SAN DIEGO COUNTY'S ADRC ADVISORY COMMITTEE

- ❖ Formed in 2010 to provide guidance regarding the operations of the ADRC, recommended and adopt program strategies to enhance and sustain the ADRC and address program and policy issues related to the ADRC on a quarterly basis.



SAN DIEGO COUNTY'S ADRC VISION

- ❖ The San Diego County Aging and Disability Resource Connection is the trusted *no wrong door* for information, assistance, support and access to community-based long-term services and supports that champion health, independence, safety and enhanced quality of life for all.

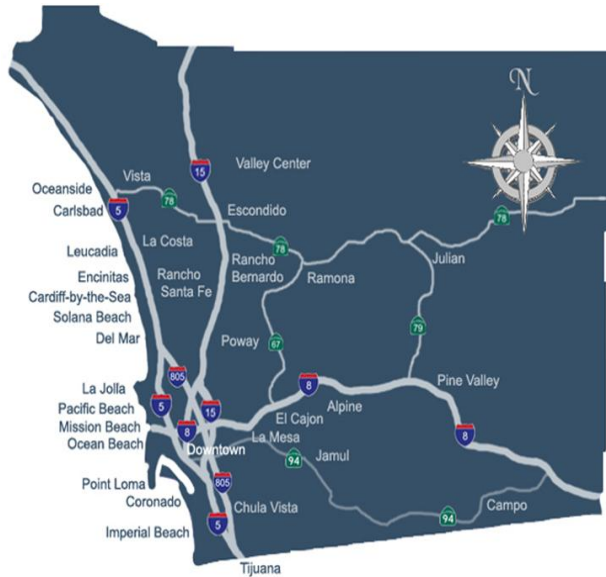


SAN DIEGO COUNTY'S ADRC MISSION

- ❖ To empower our community to live independently with dignity and security by facilitating easy access to quality services and supports offered through an integrated network of trusted partners committed to self-directed, community-based healthcare and social service solutions that work to keep our community **HEALTHY, SAFE & THRIVING.**



SAN DIEGO COUNTY'S ADRC COMMUNITY & SERVICE AREA



- ❖ Serve all of San Diego County.
- ❖ Serve people of all ages, abilities and incomes.
- ❖ Population of 3 million.
- ❖ AIS & Access to Independence have satellite offices located throughout the County.



CORE SERVICES

❖ Enhanced Information and Assistance I&A/R



- Calls received by AIS Call Center or Access to Independence respond to consumer request(s) and/or complete an assessment of their needs.
- Information is provided about LTSS:
 - Public benefits
 - Employment opportunities
 - Wellness & Disease Prevention programs
 - Home and Community-based programs

CORE SERVICES

❖ Options Counseling



- **Goal:** Support individuals and caregivers to consider their options.
- Personal interview conducted to discover strengths, values and preferences of the individual and screening for public programs.
- Action plan developed in line with goals and assistance in applying for and accessing options.



CORE SERVICES

❖ Short-Term Service Coordination

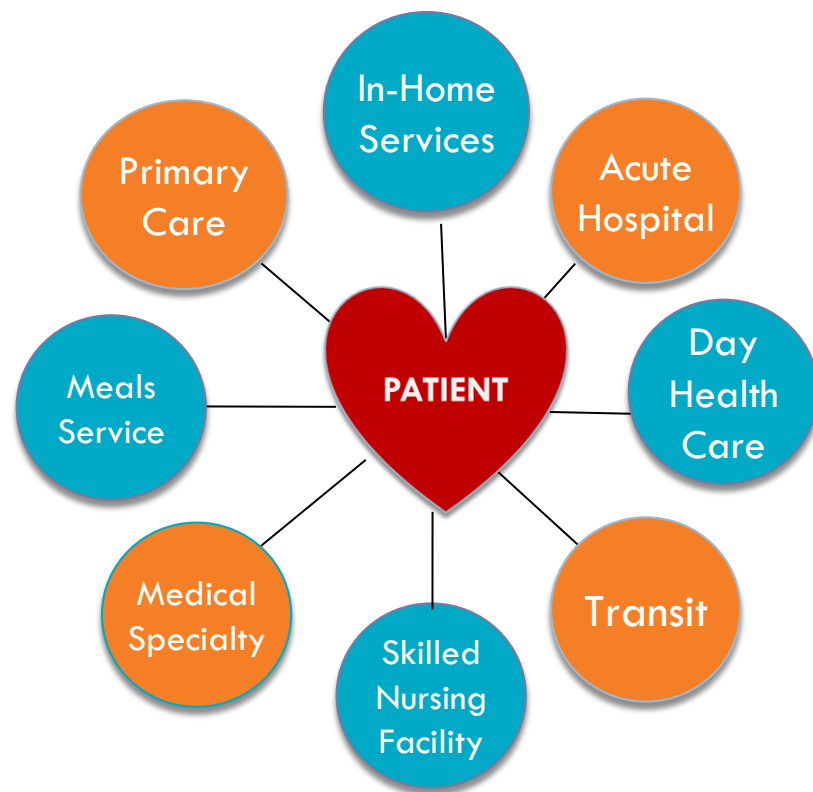


- Staff will interview individuals and determine available services to address urgent needs.
- Purpose is to help individuals access LTSS so they are able to remain in the community (either from home or upon hospital discharge transitioning back into the community).

CORE SERVICES

❖ Transitions Services

- Support for those individuals transitioning from a care facility and integrating them back into the community.
- Those persons at high-risk for hospital readmission may want to participate in the Community Based Care Transitions Program.



SAN DIEGO COUNTY'S ADRC SERVICES

HEALTHY

- Caregiver Support
- Community-Based Adult Services (CBAS)
- Chronic Disease Self Management Program
- Home Delivered and Congregate Meals
- Multipurpose Senior Services Program (MSSP)
- Senior Mental Health Team
- Veteran Directed Home and Community-Based Service Program

SAFE

- Adult Protective Services
- Child Welfare Services (CWS)
- Fall Prevention
- Elder Law and Advocacy
- Housing Authority of San Diego County
- In-Home Supportive Services (IHSS)
- Linkages
- Public Administrator (PA)
- Public Guardian (PG)
- Office of the Public Conservator (PC)

THRIVING

- 2-1-1 San Diego
- Access to Public Program and Benefits
- Community-Based Care Transitions Program
- County Behavioral Health
- Long-Term Care Ombudsman
- Medi-Cal Eligibility
- Transportation
- San Diego Regional Center
- Senior Health Insurance Counseling & Advocacy Program (HICAP)
- Senior Options, Advocacy and Referrals (SOAR)
- Vendor Contracts
- Veterans Services



WHAT'S NEXT!

